

South Niagara Canoe Club Newsletter, Volume 13 Issue 56

July 2023

Niagara Parasport Festival

Beginning on May 31 and continuing on June 1, the Niagara Parasport

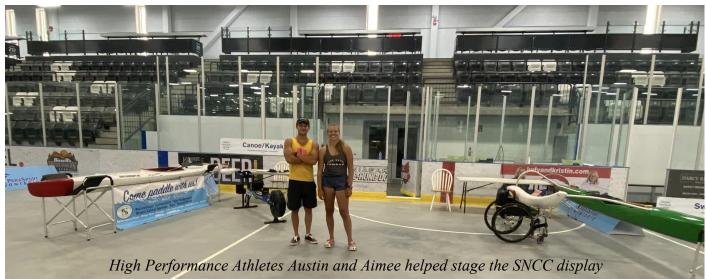
Festival was held at the Meridian Community Centre in Fonthill. It was an excellent opportunity to introduce SNCC and paddling sports to the community. It included workshops and 20 different adapted sports and activities for people to try. Thank you to all who volunteered to set up and ensure SNCC's positive outreach at the festival.

Niagara Parasport Festival





Photos by Marilyn Abbs and Alan Wright.



complete with a kayak, an outrigger canoe, and a paddling ergometer.

<u>**The Catch**</u> shares news about SNCC and its members So you can <u>stay connected</u> with SNCC and its members.

Welland Girls Sports Day



Photos by Alan Wright.

Marie-Jeanne talks to a child about camp. The Empire Sportsplex was the site of the second annual Welland Girls Sports Day on June 3, a joint venture by the City of Welland, Niagara College, and Canadian Tire Jumpstart Charities. It was a free event encouraging participation in sport and activity in young people's lives, especially for girls. Girls from ages 6 to 12 years were introduced to a variety of sports such as softball, basketball, beach volleyball, tennis, golf, and soccer as well as SNCC's Summer Camps and paddling programs. Thanks to the SNCC volunteers who helped to make this event a success!



Mississauga Regatta

The Mississauga Regatta, hosted by the Mississauga Canoe Club (MCC), took place on June 10 as part of its Championship Weekend. On June 9 they held their MCC Hall of Fame and Life Member Induction Celebration. On June 11, MCC hosted the 18th Annual Mississauga Dragon Boat Festival. SNCC took part in the regatta,



however, no photos were shared to post. Instead, a trip into the SNCC Archives resulted in a picture of Coach Evan competing at the Mississauga Regatta in 2016!

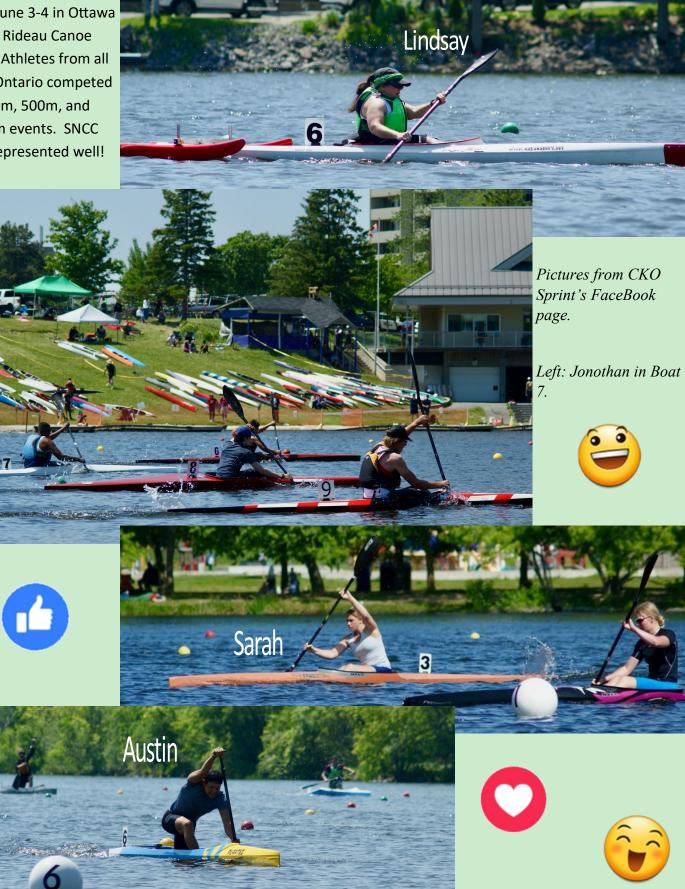
South Niagara Canoe Club Regatta



While many canoe/kayak events are held on our home course, this will hopefully be the first of many canoe/kayak regattas that SNCC will host. The SNCC Regatta will be held on July 8. While many dragon boaters will be racing in Hamilton that day, we hope as many members and supporters of SNCC will come and volunteer to ensure a fun and successful day. Contact Tracey Pigeon or Marilyn Abbs to volunteer.

Ontario Team Trials

Held June 3-4 in Ottawa at the Rideau Canoe Club. Athletes from all over Ontario competed in 200m, 500m, and 1000m events. SNCC was represented well!



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Welland Dragon Boat Festival SNCC Mixed Crew

CHARACTERS

Held June 10 on our home course. A fun and local festival that is also a qualifier regatta

for the Canadian Dragon Boat Championships later in July. Photos by Donna Moffatt, Kathleen Reardon, and Alan Wright.

SNCC Hope Floats

SNCC Women's Crew

A Carnation Ceremony was held to honour Breast Cancer Survivors.

Medal ceremony!

Congratulations to SNCC Hope Floats who won Silver in the Women's A Division final and gold in the BCS Division.

Photo finish!

KARKA CONTRACTOR

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National Team Trials June 24-26

Taking place June 24-26 at the Olympic Basin at Parc Jean-Drapeau in Montreal, QC. The Olympic Basin is a legacy from the 1976 Olympic Games. It is 2.2 km long, 110 m wide, and 2.5 m deep and it is considered to be the largest artificial rowing basin in North America. By comparison, the Welland Recreational Canal is about 12 km long, 106 m wide, and 8 m deep. National Team Trials (NTTs) were extended by one day due to the poor air quality on June 25.

Aimee



Aimee and Austin Pigeon competed in various heats at 200 m, 500 m, and 1000 m. Mostly, they raced in single boats but on the last day they were in crew boats.

Congratulations to both Aimee and Austin

on your performances at NTTs! Thank you for representing SNCC! Congratulations to Austin for qualifying for Team Ontario!

Photos from Canoe Kayak Ontario Sprint FaceBook page.





Rankin Cancer Run June 25

The goal of the Rankin Cancer Run is to raise much needed funds supporting cancer care in our community. After 15 years, over \$11 million has been raised for cancer care organizations across Niagara Region! The "Run" is now virtual allowing for more flexibility in participation. SNCC turned the Run into a Paddle!

Thanks to all who participated on a hot day!







Thanks to Joan who organized the event and treated us to food and drink afterwards! *Photos from Joan Crawford, Donna Moffatt, Joanne Boyce, and Kathleen Reardon.*

Updates from the Board



SNCC Canoe Kids Camp and Youth Racing Camp: begins July 3

Share the news! Registration for camp is still open. Spaces are still available in weeks 6, 8, and 9 of the 1-week long Canoe Kids Camp. Youth Racing Camp lasts for 8 weeks and also has a few spots left. It's a wonderful opportunity to introduce kids to paddlesports! Visit **SNCC.CA** for

details and to register.

Bingo Volunteers: July 2 at Delta City Bingo, Welland

Additional volunteers are welcome to join the fundraising fun in support of SNCC. It's one 2hour shift per month for people 19 years or older. Contact Marilyn at <u>626sledger@gmail.com</u> for the online training and for more information. SNCC has raised over \$2000 from two Bingo shifts already!

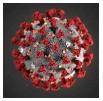


Other volunteer opportunities: ongoing throughout the summer

Stay tuned to SNCC's FaceBook or to your email for notices about upcoming volunteer opportunities. Some volunteer hours can even earn money for SNCC! Plus, it's always nice to be a good member of the community. Remember, all members agree to perform 5 hours of volunteer hours during their membership year which helps to keep our fees low.

- On July 8: volunteer with SNCC for the home regatta on the North Course.
- On July 8: volunteer with the rowing club on the South Course and earn a stipend for SNCC.

Changes to SNCC's Covid-19 Policy



On June 15, the SNCC Board of Directors reviewed the latest information from Niagara Region Public Health and from Niagara Health and have decided to officially drop the requirements for Covid-19 screening prior to each practice, drop the requirement for minimum 2 meter physical distancing, and drop the requirement for proof of Covid-19 vaccinations in order to participate in activities with SNCC. Members and guests are welcome to wear masks and practice physical

distancing should they wish. As always, contact your coach if you have questions about your ability to participate fully in the practice session.

SNCC's 15th Anniversary: October 20, 2023, location TBD.

Looking for people who like to plan a party! The Annual Awards night will be combined with our Anniversary party for an evening of celebration and food. Contact Kathleen via email at <u>kat_reardon@hotmail.com</u> if you can help out.



Next issue: August 2023

Pictures and story ideas for **The Catch** can be emailed to Kathleen: kat_reardon@hotmail.com

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