



The World Governing Body for Dragon Boat Sport

[www.dragonboat.sport](http://www.dragonboat.sport)

Reply to: [chair-medical@dragonboat.sport](mailto:chair-medical@dragonboat.sport)

January 2024

## Anti-Doping Newsletter from the Medical Commission Chair

Dear Members

Firstly, a Happy New Year to you all! Once again let us hope that this coming year peace can be found around the world, passion and success on the water and good health and happiness to all.

I hope my Newsletter finds you, your families, your athletes, and coaches well along with being fully motivated for making a successful season ahead.

2023 was a successful year for our anti-doping program with the inclusion of Senior A, under 24 and all coaches completing an anti-doping course for accreditation at the 2023 WDBRC. I am confident that all these athletes have gained valuable anti-doping knowledge. In addition, there were also 11 out of competition and 12 in competition tests carried out. I am pleased to inform that none of these tests resulted in an anti-doping rule violation (ARDV). However, there should have been 15 out of competition tests conducted. Unfortunately, the change of times for 2 training sessions were not notified to me and therefore a testing team arrived at 2 separate training venues to find to find no training as notified taking place resulting in an Unsuccessful Attempt. This incurred costs for IDBF for which action was taken against the 2 federations involved to cover these costs.

In going forward in 2024, and to be compliant with WADA, the IDBF is continuing the expansion of its education program. In preparation for accreditation at the CCWC 2024 in Ravenna and in addition to last year divisions the following divisions will be required to complete an anti-doping course. The courses offered by ADEL come in several languages:

Senior B athletes – National Level Athlete

Paradrakon athletes – International Level for PREMIER, National Level for other divisions

All Junior athletes – Talented Athlete

ADEL Anti-Doping Course link:

<https://adel.wada-ama.org/learn>

Once the course is successfully completed a certificate will be issued. This certificate should be downloaded. A copy of this should then be sent to the team manager/coach. Once all certificates are collected these must be forwarded in the appropriate racing divisions to me, please. Accreditation for Ravenna will only be given if a valid certificate has been received.



# 國際龍舟聯合會

## INTERNATIONAL DRAGON BOAT FEDERATION



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Should any athlete from the above divisions already have a current certificate (International or National Level or Talented) valid until 8<sup>th</sup> September 2024 or longer this will be sufficient for this year's championships. A copy to your team manager/coach.

### In conclusion

Once again, I must remind all National Federations that under the IDBF Anti-Doping Rules 2021 (see page 5 & 6) that all National Federations are required to promote the education of their athletes in clean sport.

### ***IDBF National Federations and their Members and Affiliates***

***IDBF National Federations and their Members and Affiliates IDBF National Federations and their Members and Affiliates are required to assist in Anti-Doping Education by introducing programmes that promote the spirit of sport in order to establish an Anti-Doping environment that influences the behaviour among Athletes, Athlete Support Personnel, other Persons and any Participants of the Sport and creates an Anti-Doping culture.***

*IDBF National Federations and their Members and Affiliates should educate and counsel all Participants in the sport regarding the IDBF Anti-Doping Rules and other Anti-Doping rules (ex: Code and International Standards) and in particular the information on:.....*

By being proactive in promoting the ADEL courses (put link on your NF website) each National Federation will be making a start in fulfilling their obligations under the IDBF ADR as an IDBF member and according to the Code 2021 Art. 18.1 and 18.2.3.

The health of our athletes should be the top priority when wanting to achieve success on the water.

Information regarding the submission of athlete's, coaches and team manager's names, training place and time details will follow before the end of January.

I look forward to meeting you all in Ravenna for a successful and exciting Club Crew World Championship.

Bridget Walter, Chair Medical Commission

